

Messiah College
Health and Physical Education with K-12 Teacher Certification (B.A.)
Requirements for students matriculating in 2015-2016

		HACC Course Options	
Major requirements	Credits		Credits
[ADED 137] Challenge Course Experience or [ADED 188] Challenge Course Facilitation	1		
[APHS 170] Concepts of Conditioning	2	EXSC 208	
[APHS 201] Principles of Exercise Science	3	EXSC 204	
[APHS 271] Kinesiology	3	EXSC 202	
Students must fulfill one of the following sets of requirements: A. Competency* in First Aid & CPR and one of the following: [HPED 192] Water Safety Instructor (2) [WELL 127] Aquatics (1) B. [HPED 193] Lifeguarding/First Aid/CPR (2) or Lifeguarding competency	0-3		
[BIOL 258] Human Biology	4	BIOL 111	
[CIS 171] Problem Solving with Computers	3	CPS 161	
[EDSP 207] Introduction to Special Education	3		
[EDSP 307] Inclusion Practices	3		
[EDUC 201] Education & American Society	3	EDUC 101	
[EDUC 203] Educational Psychology	3	PSYC 201	
[EDUC 308] ELL Instruction and Assessment	3		
[EDUC 331] Instructional Design and Assessment for Middle and Secondary Grades	3		
[EDUC 420] Professional Issues in Education	2		
ENGL 122 to ENGL 176 Literature meeting QuEST	3	Any ENGL Literature 201 or higher	
[HPED 201] Foundations of Physical Education	1		
[HPED 224] Community and Personal Health*	3		
[HPED 229] Motor Learning	3		
[HPED 236] Medical Aspects of Sport	2		
[HPED 305] Contemporary Issues in Health	3		
[HPED 309] Curriculum & Instruction in Elementary Phys Ed	3		
[HPED 312] Curriculum & Instruction in Secondary Physical Ed	3		
[HPED 329] Sport in Society	3		
[HPED 332] Teaching Adapted Physical Education	1		
[HPED 407] Student Teaching Seminar	1		
[HPED 422] Assessment in Health & Physical Education	2		
[HPED 433] Principles of Administration	3		
MATH/CIS/STAT XXX fulfilling QuEST requirement	3	See list below	
[PSYC 210]/[HDFS 210] Child Development	3	EDUC 185,230,232; PSYC 212	
[TEP 210] Sophomore Field Experience	0		

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[TEP 310] Junior Field Experience	0		
[TEP 411] Pre-Student Teaching Experience in HPE	0		
[TEP 431] Student Teaching: Health and Physical Education	10		
[WELL 109] or [WELL 110] Beginning/Intermediate Volleyball	1		
[WELL 114] Dance and Rhythm Activities	1		
[WELL 118] Creative & Expressive Movement	1		
[WELL 120] Racquet Activities	1		
[WELL 121] Team Activities	1		
Two credits from the following: [WELL 123] Strength Training (1) [WELL 129] Beginning Pilates (1) [WELL 131] Disc Activities (1) [WELL 135] Non-Traditional Games (1)	2		
Experiential Learning requirement	0		

QuEST requirements	Credits	HACC Courses	
First Year Seminar	3	ENGL 101 (if taken after high school)	
Oral Communication	3	COMM 101 or SPCH 101	
Created and Called for Community (W)	3	<i>Messiah Course</i>	
Mathematical Sciences (Gen Ed. MATH, CIS STAT XXX)	met/major	-	-
Laboratory Science (BIOL 258)	met/major	-	-
Science, Technology & the World (APHS 201)	waived	-	-
Social Science (EDUC 203)	met/major	-	-
European History or U.S. History	3	<u><i>European History:</i></u> HIST 111, 201, 202 <u><i>US History:</i></u> HIST 103, 104, 107	
Literature (ENGL 122 to ENGL 176)	met/major	-	-
Philosophy and Religion	3	PHIL 101	
Arts	3	ARCH 111; ART 102, 105, 107, 121, 151, 171; MUS 102, 104, 110, 119, 210; THEA 101, 110, 111	

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First Semester of Language	3	Any Modern Language 1 st Level	
Second Semester of Language	3	Any Modern Language 2 nd Level	
Third Semester of Language or Cross Cultural (Messiah Course)	3	Any Modern Language Intermediate Level	
Non-Western Studies	2 or 3	ANTH 205, 210, HIST 101, 102	
Bible	3	<i>Messiah Course</i>	
Christian Beliefs	3	<i>Messiah Course</i>	
Wellness	met/major	-	-
Ethics, World Views or Pluralism (HPED 329)	met/major	-	-
QuEST requirements	35-36		
Major requirements	90-93		
Total	125-129		

*Fulfills Writing Enriched course requirement for major.

Courses that count toward QuEST Math requirement for non-Math majors:

Messiah Course	HACC Course
<u>MATH 101</u> Intro to Mathematical Sciences	<u>MATH 111</u> Principles of Mathematics
<u>MATH 102</u> The Mathematics of Growth	<u>MATH 119</u> Pre-Calculus
<u>MATH 102</u> The Mathematics of Growth	<u>MATH 103</u> College Algebra
<u>MATH 107</u> Applied Mathematics for Mgmt	<u>MATH 110</u> Applied Calculus for Business
<u>CIS 100</u> Comp & Info Science Elective	<u>CIS 110</u> Intro Micro Information System
<u>CIS 100</u> Comp & Info Science Elective	<u>WEB 102</u> Internet and WEB Design
<u>CIS 100</u> Comp & Info Science Elective	<u>WEB 220</u> HTML
<u>CIS 100</u> Comp & Info Science Elective	<u>CA 155</u> Intro to Software for Business
<u>CIS 100</u> Comp & Info Science Elective	<u>CIS 105</u> Intro to Software for Business
<u>CIS 100</u> Comp & Info Science Elective	<u>CIS 127</u> Intro to Microsoft Windows
<u>CIS 181</u> Computer Programming I	<u>CPS 161</u> Computer Science I
<u>CIS 181</u> Computer Programming I	<u>CPS 121</u> Intro to Java Programming
<u>CIS 191</u> Web Development: Client S	<u>WEB 110</u> Web Site Publishing

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