

## ADDICTION & RECOVERY SERVICES, Associate in Applied Science Degree - 5516

Social Science Department

CIP Code:44.0701

The Addiction and Recovery Services AAS degree is a specialized program that prepares students to work as human service professionals, who work directly with individuals being served through Drug and Alcohol Rehabilitation and Recovery Centers. Students are required to complete a Pennsylvania Child Abuse History Clearance, FBI Criminal Background Check, and a State Police Criminal Record Check prior to enrollment into the practicum course. If the student has any questions regarding this, he or she should contact the Program Director or Practicum Coordinator. Students may complete 75% of this program at the Harrisburg Campus through on-campus/in-person instruction. The remaining coursework can be taken through various modalities (e.g., hybrid, synchronous remote instruction or asynchronous instruction). In addition, students may complete this program at the Gettysburg, Lancaster, Lebanon and York campuses through various modalities (e.g., hybrid, synchronous remote instruction and asynchronous instruction) in addition to on-campus/in-person instruction.

### Career Opportunities

Graduates of this program receive the training and education for entry-level positions in rehabilitation centers for alcohol and drug dependence and addictions.

### Competency Profile

This curriculum is designed to prepare students to:

- Describe drug and alcohol use from historical, social, biological, and psychological perspectives
- Summarize current counseling approaches and treatment trends in drug and alcohol treatment
- Identify the symptoms and behaviors that constitute the basis for diagnostic assessments
- Establish and maintain effective and culturally-competent relationships with clients
- Conduct effective crisis and brief intervention counseling
- Apply ethical principles and laws to professional practice

### PROGRAM REQUIREMENTS (TOTAL CREDITS = 60)

General Education		Major Requirements		Other Required Courses	
ENGL 101 English Composition I	3	HUMS 100 Introduction to Human Services	3	SOCI 201 Introduction to Sociology	3
COMM 101 Effective Speaking (or)	3	HUMS 108 Drugs & Alcohol: Use & Abuse	3	Program Electives*	9
COMM 203 Interpersonal Communication	(3)	HUMS 109 Drugs & Alcohol: Issues & Treatment	3		12
Humanities & Arts Core Elective	3	HUMS 122 Documentation in Human Services	3		
Mathematics or Science Core Elective –	3	HUMS 200 Group Work Practice	3		
<b>MATH 111</b>					
Social & Behavioral Science Core Elective -	3	HUMS 215 Field Work Practicum	4		
<b>PSYC 101</b>					
First-Year-Seminar Elective	1	HUMS 216 Crisis & Brief Intervention Counseling	3		
Wellness Elective	1	HUMS 217 Addictions Counseling Interventions	3		
	17	HUMS 218 Co-Occurring Disorders	3		
		HUMS 219 Drug & Alcohol Screening & Assessment	3		
			31		

\*Students are to select from the following courses: AH 105; BIOL 111; CIS 105; CJ 101; ENGL 104 or 106; Any foreign language (ARAB, CHIN, SPAN, FRCH, GRMN); and from the following subject areas: GERT; HUMS; PSYC; and SOCI.

### RECOMMENDED SEQUENCE FOR FULL-TIME STUDENTS

Part-time students can complete this program by taking one or more courses each semester.

Fall Semester I		Spring Semester I		Fall Semester II		Spring Semester II	
ENGL 101	3	COMM 101 or 203	3	HUMS 122	3	Humanities/Arts Core Elective	3
FYS Elective	1	HUMS 109	3	HUMS 218	3	HUMS 200	3
HUMS 100	3	HUMS 216	3	HUMS 219	3	HUMS 215	4
HUMS 108	3	HUMS 217	3	SOCI 201	3	Program Electives*	6
MATH 111	3	PSYC 101	3	Program Electives*	3		
Wellness Elective	1						