

CERTIFIED RECOVERY SPECIALIST/CERTIFIED FAMILY RECOVERY SPECIALIST, Certificate – (Noncredit)

Healthcare Education - Office of Academic Affairs & Workforce Development

CIP Code: 510000

Participants in this course gain the knowledge and skills needed to achieve a fulfilling career helping others overcome addiction. This course provides the student with the educational opportunity to become prepared to obtain certification as a Certified Recovery Specialist, as well as the Certified Family Recovery Specialist. The Certified Recovery Specialist can provide critical support to people in additional treatment because of their real-world experience living in recovery. This course can be completed at the Gettysburg, Harrisburg and York campuses through on-campus/in-person instruction. The course is required to be held in person with homework to be complete online.

The Certified Family Recovery Specialist (CFRS) credential is for adults who have been directly impacted by their own family member's or loved one's substance use disorder. The CFRS shares their lived experience with other families to provide recovery support services and understands the stigma associated with substance use disorders and its impact on the family. CFRS is trained to help families move into and through the recovery process.

Career Opportunities

The Certified Recovery Specialist (CRS)/Certified Family Recovery Specialist (CFRS) works in partnership with healthcare professionals and community-based services to engage individuals that may benefit from recovery support services.

Competency Profile

This curriculum is designed to prepare students to:

- Describe public policy issues with respect to the opioid epidemic
- Describe advocacy efforts for the use of Medication Assisted Treatment (MAT)
- Describe advocacy efforts for the decriminalization or lessening of criminal penalties in relation to individuals suffering from Opioid Use Disorder (OUD), as well as other Substance Use Disorders (SUD)
- Describe the various levels of care in treating SUDs
- Describe the differences between screening and assessment
- Understand ethics and responsibility as it relates to various treatment modalities

PROGRAM REQUIREMENTS

High school diploma or GED required and must be documented. Degrees must be from an accredited college or university that is recognized by the U.S. Department of Education or the Council on Higher Education Accreditation and can be provided in lieu of a high school diploma/GED.

Effective January 1, 2021, the Pennsylvania Certification Board requires the person enrolling in a CRS/CFRS education course to have documentation supporting their reason for enrollment. For CRS to attest that they have had 18 months, in a continuous manner, of a personal lived recovery experience, and to provide a statement of lived experience as part of the CRS course application process.

For CFRSs to attest that they have been directly affected by someone in active addiction or past addiction or in recovery, a letter of statement must be presented as part of the application process.

RECOMMENDED SEQUENCE

Students must complete the 78-hour course in its entirety to receive a certificate of certification 66 Lecture hours / 12 Lab hours.

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| • Substance Use Disorders | • Screening and Assessment |
| • Emerging Issues and Trends | • Substance Abuse & Family Systems |
| • Disease Model of Addiction | • Motivation and Change |
| • Classification of Drugs | • Prevention, Intervention, and Treatment |