

## HACC's Student Access Services Can Help You Succeed!

[https://youtu.be/GD\\_2tdwey7M](https://youtu.be/GD_2tdwey7M)

[Open on MEGAN, recording a vertical selfie video while wearing a HACC shirt.]

### **MEGAN**

Hi, My name's Megan and I'm a recent graduate with the 2020 class of HACC. I'd like to talk a bit about the office of student access services really laid the solid foundation for me to be successful while I was in school. I came back to school as a non-traditional student at 30 who struggles with anxiety and depression. And I knew there was a very real chance that my struggles with mental illness would impact my ability to be successful in a classroom and on a college campus. So when I came back to school, I reached out to their office to see if they could help me in some way. And they did! They helped me navigate the process of setting up accommodations for myself and they helped me learn how to use my voice to advocate for myself when I wasn't feeling well. And it was thanks to their unrelenting support that I built confidence in my collegiate abilities. And thanks to this confidence I went to go on and have so much success outside of the classroom. I went on to run for SGA president where I served for two years. And I went on to apply to be a student member of the HACC Foundation Board where I also served for two years. But it was thanks to their unrelenting support and knowing that I had this community of people who unconditionally accepted and supported me, that I was able to take advantage of the opportunities at HACC and they empowered me to use my accommodations. So I encourage you, if you think that the office of student access services can help you in your journey towards a degree, reach out to them. And use your accommodations once you get them set up. Work with your faculty. Let them know when you're not feeling well so that you can work together to devise a plan that helps you be successful in the classroom while still taking care of yourself. The office of student access services helped me find my way, and I'm confident they can help you find your way too.

[Video fades to black.]