

**Subject:** Important Remote Updates and Questions Answered – Feb. 10, 2021  
**Date:** Wednesday, February 10, 2021 5:09:05 PM

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Greetings!

We are excited about the many enriching activities planned in celebration of Black Heritage Month and hope you are, too. Please refer to the [HACC Events Calendar](#) and [follow us on social media](#) for more information. All are welcome!

**By March 26**, please [apply](#) for an opportunity to receive FREE money. For example, did you know the [Norma Gotwalt Scholarship Award](#) supports students enrolled in the Early Childhood Program at HACC's Harrisburg Campus?

As you have come to expect, following are the commonly asked questions and our responses to them. Please note that some of these responses are tentative and subject to change.

If you have additional questions and you do not see the answers on the [website](#), please submit the online form located on the website. Please see the webpage section called "Information for Students."

We will continue to update you regularly via email and the aforementioned website.

Thank you!

John J. "Ski" Sygielski, MBA, Ed.D.  
President & CEO  
HACC, Central Pennsylvania's Community College

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### 1. **How do I get mental health support and counseling?**

If you are struggling with anxiety, depression or a sense of feeling overwhelmed, please contact our counseling partners at Mazzitti & Sullivan EAP Services. They are available 24/7 to offer confidential support over the phone, online or in person. Mazzitti & Sullivan EAP Services and its many partners have offices throughout the region. Currently-enrolled credit students are provided up to three free

counseling sessions per semester.

Please choose any of the following options to access these confidential services:

#### Phone Options

- Call 800-543-5080 to speak to someone 24/7 or to schedule an appointment.
- Call 855-264-3248 if you use TeleTYpe (TTY)/Telecommunications Device for the Deaf (TDD).

#### Online Option

- Go to [mseap.com/get-started](https://mseap.com/get-started)
- Click on “Contact Us” and fill out the form as an “employee”
- Type in “HACC Student” in the “Employer Name” field
- Complete the form
- Click the “Contact Us” button at the bottom of the page
- Expect your message to be returned by the next business day

#### Additional Online Materials

- Go to [mseap.com](https://mseap.com)
- Click on “Member Login”
- Enter “HACCSTU” in the sign-in section
- Browse materials related to mental health, emotional well-being, financial wellness and more

HACC makes these confidential services available at no cost to students. Please use these important services if you need them. Please also visit [hacc.edu/MentalHealth](https://hacc.edu/MentalHealth) for more resources.

## **2. I heard PSECU is seeking campus brand ambassadors for HACC. What does this mean?**

PSECU has developed a campus brand ambassador position, in place of a student intern, and is seeking student applicants from HACC. Individuals would be the face and voice of the PSECU brand at HACC. They would be involved in increasing brand awareness of PSECU and member acquisition by promoting its products and services through various channels. There are financial compensation opportunities with the position.

If you are interested in this opportunity, please contact Jen Nicrone at [JNicrone@psecu.com](mailto:JNicrone@psecu.com) or 717-461-6750 for more information.



**800-ABC-HACC**

**HACC recognizes its responsibility to promote the principles of inclusion and equal opportunity in employment and education. Therefore, it is the policy of HACC, in full accordance with the law, not to discriminate in recruitment, employment, student admissions, and student services on the basis of race, color, religion, age, political affiliation or belief, gender, national origin, ancestry, disability (physical or intellectual based challenges), place of birth, General Education Development Certification (GED), marital status, sexual orientation, gender identity or expression, veteran status, genetic history/information, or any other legally protected classification. Inquiries should be directed to the Office of the President, One HACC Drive, Harrisburg, Pa. 17110, telephone 717-736-4100.**