Reflexology is the art and science of using pressure points to facilitate stress reduction and relaxation to help heal and revitalize the body. Reflexologists do not need to be massage therapists. However, reflexologists can still provide holistic health services within spas, yoga centers and private practices.

**HACC’s Reflexology Certification Prep Course:**

- Prepares you for the national certification exam with the American Reflexology Certification Board
- Can be completed in three months (112 hours) over six weekends
- Qualifies you for 100 continuing education units with the National Certification Board of Therapeutic Massage and Bodywork (NCBTMB) and the Pennsylvania State Board of Massage Therapy

**Location:** HACC’s Harrisburg Campus, One HACC Drive, Harrisburg, PA

**Cost:** $1,995

To register, please call 717-780-2414 or visit [hacc.edu/Reflexology](http://hacc.edu/Reflexology).
Reflexology Certification Prep Program

Spring, 2020

Fri.  4/3  5:30 – 9:30pm  
Sat.  4/4  9am – 6pm  
Sun.  4/5  9am – 6 pm

Sat.  4/18  9am – 6pm  
Sun.  4/19  9am – 6pm

Sat.  5/2  9am – 6pm  
Sun  5/3  9am – 6pm

Sat.  5/9  Independent Study (4 hours)

Sat.  5/16  9am – 6pm  
Sun.  5/17  9am – 6pm

Sat.  5/23  Independent Study (4 hours)

Sat.  5/30  9am – 6pm  
Sun.  5/31  9am – 6pm

Sat.  6/6  Independent Study (4 hours)

Sat.  6/13  9am – 6pm  
Sun.  6/14  9am – 6pm