Health Examination Form for Admission to Nurse aide Training Program

Student Name: _____ Date of Birth: _____

Street Address: _____

City/State/Zip: _____

Phone Number: _____

The physical must be completed and signed by an MD, DO, CRNP, or PA: (all questions must be answered **"YES"**).

YES NO I certify that the student/employee is free from communicable diseases in the communicable state.

YES NO Has no medical conditions/restrictions which will prevent the student from performing the **essential functions** of the job. (Please see the **essential functions** listed on the back of this form.)

YES NO Is able to exert maximum force to lift, push, pull, or carry objects up to **a minimum of 40 pounds to waist level** (such as: beds, residents, wheelchairs, or other related equipment) as required for program activities.

Please select YES or NO for the following question. If the answer is YES, please provide the additional information required.

YES NO Is the student/employee pregnant?

If **pregnant**, the student/employee will need to obtain an additional note from the health care provider (physician, nurse practitioner, physician assistant, etc.) that is following the care of the pregnancy that includes:

- Student/employee is able to perform the **essential functions** of the job**.**
- Student/employee is able to exert maximum force to lift, push, pull, or carry objects up to **a minimum of 40 pounds to waist level** (such as: beds, residents, wheelchairs, or other related equipment) as required for program activities.

Please select YES or NO for the following question. If the answer is YES, please provide the additional information required.

YES NO Is the student/employee under the care of a physician, nurse practitioner, physician assistant for any medical condition?

If **under care**, the student/employee will need to obtain an additional note from the health care provider (physician, nurse practitioner, physician assistant, etc.) that includes:

- Student/employee is able to perform the **essential functions** of the job**.**
- Student/employee is able to exert maximum force to lift, push, pull, or carry objects up to **a minimum of 40 pounds to waist level** (such as: beds, residents, wheelchairs, or other related equipment) as required for program activities.

To Be Completed at Physician's Office/Medical Clinic *(please print)*

Two-step Tuberculin test, PPD, or Mantoux type *(This is required. Form is not complete without read and reported results.)*

(results must be measured in millimeters) **Positive results are equal to or greater than 10mm.**

Step 1 Date Administered:_____R. arm/L. arm *(circle one)* Date Read:_____ *(Must be read 48-72 hrs. after administered)*

By whom- signature/title: _____ By whom- signature/title: _____

Results:_____mm

Step 2 must be administered 7-21 days after the first PPD is read

Step 2 Date Administered:_____R. arm/L. arm *(circle one)* Date Read:_____ *(Must be read 48-72 hrs. after administered)*

By whom- signature/title: _____ By whom- signature/title: _____

Results:_____mm

If IGRA blood test (QuantiFERON or TB Gold) or Chest X-ray is given in place of PPD's, please provide complete lab/radiology results.

Date of Examination: _____ Phone Number: _____

Examiner's Name and Title: _____

Examiner's signature: _____

Street Address: _____

City/State/Zip: _____

ESSENTIAL FUNCTIONS Required for Nurse Aide Students

All individuals who apply for admission to the Nurse Aide Training Program must be able to perform the essential functions of the program **with or without reasonable accommodation**.

The Nurse Aide Training Program requires students to perform certain physical, cognitive, communication, and interpersonal tasks necessary to safely participate in classroom, laboratory, and clinical activities. These essential qualifications are important for providing safe and effective care to residents.

The essential qualifications below describe the abilities and professional behaviors necessary to participate in, progress through, and successfully complete the HACC Nurse Aide Program.

English Language Skills

- The Nurse Aide course is taught in English. All required textbooks, workbooks, assignments, examinations, and clinical documentation are in English.
- Students must be able to communicate effectively in English in the classroom, laboratory, and clinical settings.

Hearing

- Students must be able to hear and understand communication from residents, instructors, staff, and other members of the healthcare team and recognize sounds that may indicate a resident's needs or a safety concern. Includes hearing blood pressure sounds, call bells, calls for help, etc.

Mobility and Physical Abilities

- Students must have sufficient mobility, strength, coordination, and endurance to safely perform required classroom, laboratory, and clinical activities.
- Examples include:
    - Walking safely throughout a healthcare facility and moving from one resident room to another.
    - Standing for periods of time while providing resident care.
    - Bending, stooping, kneeling, and reaching as necessary to provide care.
    - Reaching above shoulder level to obtain or operate equipment.
    - Reaching below waist level to obtain or operate equipment.
    - Supporting and repositioning a resident in bed.
    - Assisting a resident with transferring from a bed to a wheelchair using appropriate techniques.
    - Assisting a resident with walking while using a transfer belt.
    - Exert maximum force to lift, push, pull, or carry objects up to a **minimum of 40 pounds to waist level** (beds, patients, wheelchairs, or other related equipment) as required for program activities.
- Students must be able to perform these activities safely using appropriate body mechanics and equipment.

Visual Abilities

- Students must have sufficient visual ability to observe residents, read written information, operate equipment, and recognize changes that may affect resident safety.

Motor Skills

- Students must have sufficient fine and gross motor coordination to safely operate equipment and provide safe resident care.

Tactile Abilities

- Students must be able to use touch to obtain information needed to provide safe resident care.