#### HACC LANCASTER CAMPUS

# **MAIN 221 CONNECTION**

NEWS FROM ADVISING, CAREER, COUNSELING AND DISABILITY SERVICES

## January-February 2016

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## Job Search in year 2016

There was a recent article posted on fastcompany.com that speaks to "The Future of Work". Lydia Dishman, a business journalist, notes that there will be a wonderful opportunity for job seekers in 2016 in a wide range of fields.

Ms. Dishman refers to data by "CareerBuilder", who reports that over 100 occupations in the U.S. have shown more job posting activity; a recent report makes the staggering prediction that 78% of hiring managers anticipate more hiring in the first half of 2016 compared to the second half of 2015.

The report goes on to say that companies are taking a greater interest in candidates with less experience. More than a quarter (27%) of hiring managers state that they plan to hire entry-level candidates and 62% said they're looking for those with two to five years' experience.

In addition, finding and applying for jobs in 2016 may be taking on a different look. Most job hunting will happen through internet job sites and by job seekers using their smartphones to look for available positions. Social media will become the future "go-to" platform for 2016 job seekers.

These statistics speak well to 2016 college graduates who are social media and tech savvy, so happy searching!





## A new year, brings a new plan...

Many people, myself included, find that these last few hectic, holiday months do not provide much time for individual introspection. We are often too preoccupied with giving to others not just by financial means, but also our time. This is extremely benevolent; however, how many of us take the time to "give" to ourselves? We are so good at generously caring for others that we overlook ourselves as a result. Well, it is a new year, so new resolutions and a new career plan!



The beginning of a new year is a great time to reflect on what it is that we would like to accomplish over these next 12 months. Perhaps, you've already set a health or fitness goal or have organized a financial savings plan. What about your career goals? When is the last time you slowed things down to take a few moments to yourself? It is important that you give to yourself the "gift of time" in order to reflect and contemplate who you would like to become and where you would like to be not just for this year, but in the distant future.

Choosing a major and career path could be just one of those things you have not taken time to assess and reflect upon. Possibly, you have been too busy with the day to day responsibilities that come from balancing family, school and/or work that you have not taken the time to make that decision, hoping for instantaneous clarity in having the answer "magically appear" one day.

You are not alone in thinking that this decision can be very challenging! How does one find work that they love? First, we need to look at how we view a career culturally. Most define it simply as a way to make money, so that one can afford the quality of life one wants. In this example, an individual is entirely focused on the objective of making money to do enjoyable things when not working. The actual work of the career is overlooked or at best considered a tolerable necessity. Yet, for the majority of us, the hours spent working far outnumber the hours we have to enjoy our hard earned "quality of life". Let's face it…we should want to do more than tolerate work, we want to enjoy it too!

Let's start today by viewing potential careers differently which can be achieved by changing our perspective and recognizing that satisfaction with even the day-to-day activities is vital for you to experience the overall positive quality of life truly desired. Work you love comes from engaging in a career that cultivates your desired talents, matches your values and serves to make the difference you truly want to make, while being both personally and financially rewarding.

So, what do you like to do and how do you like to do it? It has been proven that we are likely to feel the most motivated when engaged in our favorite activities that speak to our personalities, interests and skills. Simply the knowledge of one's own interests allow us to develop career plans that are not only realistic, but will likely produce both success and enjoyment.

Today, do a favor to yourself by making a promise to take some time to give to yourself too. Give yourself permission to explore your talents and interests; take the time necessary to envision where you want to be both education and career wise. Begin to develop and set in place goals that will aid you in getting closer to achieving your dreams. Remember, it will not only be yourself that benefits. Finding work that you love will make you more energized and happier, but also more apt to continue to give to everyone else in your life as well. If you need help with exploring career fields or setting goals, consider coming in for a career counseling appointment. Please schedule by calling 358-2988 or stop by room M221. We are here to help!

### **Explore Your Career with Career Coach**

Welcome to HACC's <u>*Career Coach*</u>, a technology program that is completely *YOURS* to help you explore careers and "begin with the end in mind."

This helpful tool will assist you in looking ahead and planning for your future. Students who set goals, plan for the future and take early steps toward developing themselves professionally are typically more successful when graduation arrives.

In <u>Career Coach</u>, you can:

- Research careers
- Learn what jobs are in demand in South Central Pennsylvania
- See how occupations tie into specific majors at HACC
- Begin to map out the path toward your future career
- Build your resume

If you do not know what you hope to do for a career, <u>*Career Coach*</u> can help with that decision, too! By completing assessments in <u>*Career Coach*</u>, you can start to link your interests and skills to possible careers that may be a good fit for you. The assessments are also helpful if you are a current HACC student and want to explore changing majors or other career fields.

We care about YOUR success—academic success, career success and personal success. Please use this **FREE** resource to help you take the first step on your journey to reaching your goals. We look forward to being your partner on that journey.

For additional information regarding *Career Coach* or the numerous other assessments that are available, please contact Lancaster Campus Career Services

Main 221 – 717.358.2290, careerlancaster@hacc.edu





Access *Career Coach* online at https://hacc.emsicareercoach.com/

## Graphic Organizers: a GPS for your writing and studying.

You have a great idea for your upcoming paper, the topic and thesis statement is approved. You've collected some research and now you are ready to write. So you begin. The words come easily and you have quickly filled up your computer screen with paragraphs. This paper is going to be great! You hand in your rough draft and it comes back full of critiques: "Lacking detail."; "Incomplete argument"; "Research does not support thesis"; "Too vague". Any of this sound familiar?

If this has been your experience, I wonder if you are using any type of outline for your writing? I suspect the answer is no. If you do not have a plan of what you are to write, you will end up off track and in bushes or worse the desert. Many students struggle creating a linear or roman numeral outline and discard them. But have you tried a Graphic Organizer? These allow you to pop in details as you discover them or as they occur to you and allow you to freely brainstorm. They will guide you just like a map or GPS so that you reach your writing destination – a strong concise thesis and conclusion. Resulting in stronger better papers. Papers with higher grades! Out of the desert and in the promised land!

Now how about your study process? Do you struggle to identify main themes, ideas and concepts in your readings? Yes, you are reading, but are you actively reading? Yes – you got to get active with your reading! Do you take notes as you read? Research consistently supports the need to write as we read to fully comprehend information. Perhaps you have tried this, but you are not sure what or how to write information down. I have a solution – yes the Graphic Organizer! Again these prompt you to look for main ideas, concepts and fill them in on the graphic organizer. They will also assist you in finding supporting details. Now you are actively reading and studying your materials.

Wait – what's that? You wish your professors provided you study guides! Well I have good news for you!! If you did graphic organizers for every chapter as you read those chapters guess what you would have?! Yes!! That's right! Your very own study guides!

So where can you find these amazing Graphic Organizer tools? Well they are all over the internet – a simple Google search in images will return thousands. See figures on the side which favorites!

So get busy! Stay out of the desert and in the promise land of better grades!

If you don't have a map you'll end up in the desert.

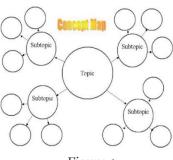


Figure 1

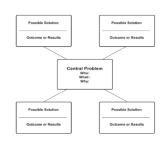


Figure 2



Figure 3

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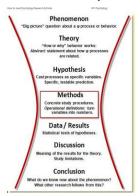


Figure 4

# Planning to Transfer to a 4-Year College/University to Earn Your Bachelor's Degree?

#### LEARN MORE ABOUT THE DUAL ADMISSION PROGRAM

#### **Dual Admission**

A Dual Admission Agreement is a cooperative partnership between HACC and a 4-year college or university that facilitates the admission process for students interested in pursuing their bachelor's degree. The agreement prepares HACC students to transfer their associate degree credits into a bachelor degree program providing the student maintains the required academic standard and follows the requirements of a program parallel to the desired transfer program.

#### Advantages of Dual Admission

- Simplified transfer process
- Early transfer planning
- Specific program requirements from the 4-year institution
- Personal academic advising from HACC and the 4-year institution
- Official transcript reviewed by 4-year institution every semester

#### These advantages vary by institution:

- Updates on news and events at 4-year institution
- Access to 4-year institution's facilities while a HACC student
- Scholarship opportunities
- Application fee waived

#### HACC Dual Admission Agreements

Albright College Central Penn College Delaware Valley College (Business Admin) Drexel University (Behavioral Health Counseling & Health Services Administration Programs) Eastern Mennonite University (Lancaster Nursing) Eastern University Elizabethtown College Immaculata University Lebanon Valley College Millersville University Peirce College (Paralegal) Penn State Harrisburg Saint Joseph's University Shippensburg University Susquehanna University Temple University Wilson College

#### How to Enroll in a Dual Admission Program

If you are interested in signing a Letter of Intent to enroll in a Dual Admission Agreement, or would like to schedule an appointment with a transfer counselor, visit the Counseling & Advising Office, Room 221, Main Building. You may also call the Counseling & Advising Office at 717.358.2988.

Students may enter into only one Dual Admission agreement at a time and before 30 transferable credits are earned (some exceptions may apply). Students may withdraw from the Dual Admission program at any time by notifying both the 4-year institution and HACC.

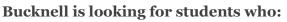




## **Bucknell Community College Scholars Program**

## An AMAZING Transfer Scholarship Opportunity!

HACC is looking to select six students to receive an opportunity to earn a **FULL-TUITION SCHOLARSHIP** to Bucknell University and additional aid for the cost of room and board. This scholarship opportunity includes a required Summer 2016 six-week in residence program at Bucknell University where selected students will complete two Bucknell University courses and participate in extra-curricular opportunities. Upon completion of the summer program, students will return to HACC to complete their associate's degree and apply to transfer on with a scholarship to Bucknell University as early as Fall 2017.



- show potential to succeed in a bachelor's degree program at Bucknell
- have a GPA of about 3.5 or higher
- will have completed at least 12 community college level credits as of January 15, 2016
- demonstrate leadership abilities and problem-solving skills
- have a low to moderate income\* financial status

(\*Defined as Adjusted Gross Income below \$50,000 for families or below \$25,000 for independent students.)

#### If accepted, you'll come to Bucknell for a six - week summer program and:

- live on Bucknell's campus
- take two courses
- receive a stipend
- participate in campus orientation, team building, research, technology, and writing activities
- ALL expenses paid!

#### Next, return to HACC to complete your associate's degree, and...

• If you decide you want to obtain a bachelor's degree from Bucknell, you can apply for admission to begin classes in the fall or spring after you complete your associate's degree.

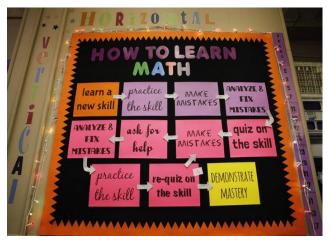
For more information regarding this AMAZING scholarship opportunity, Contact Jennifer Alleman at 717.358.2973 or email – jlallema@hacc.edu.

If you are on campus, you can also stop by the Counseling & Advising Office, Room 221, Main Building. More information is available on Bucknell's website: www.bucknell.edu/CommunityCollegeScholars.

Inquire about the day trip to Bucknell University on February 5!

#### The application deadline is February 26, 2016 (no later than 4:30pm) so Act Quickly!





### **On Math Learning**

We all know that any type of learning is a process -- it involves a balancing act, it involves giving up some time from something to devote to another. Yes, it may involve cutting down on your online presence (like Facebook or twitter or gaming). After all, if learning matters to you, you'll do what it takes. It involves a determined focus on what you need to do. It can be perplexing, especially when the subject matter involves math or the actual course you need to take IS math. MATH – a four-letter word that's enough to make someone's head spin... especially when you have math

anxiety. Yikes! But trust me, it really is not that bad, especially when you are open to learning and acknowledging you need help. We all need help – at some point, or with certain issues. If you have not done so, talk to us (your advisor or counselor in Main 221) about your options or discuss a plan of action.

There's one thing I hope you'd keep in mind if/when you decide you're ready to learn math: it takes time, it takes perseverance, it takes a lot of practice, but it can be done.

Heard the story of a tourist in NY City trying to find Carnegie Hall? He approaches a street musician and asks: How do you get to Carnegie Hall? The answer: Practice, practice, practice.

Here's one teacher's flowchart on "how to learn math" (from <u>https://www.pinterest.com/pin/221239400420992644</u>)

## **Tips from Advising and Counseling**

- 1. Plan to meet with your assigned advisor early on in the semester and be on time for this scheduled appointment. It may seem obvious but showing up to your advising appointment is good step in the right direction.
- It is encouraged that you schedule an appointment in the month of February or March in plenty of time for the start of priority registration. Priority registration for summer and fall semesters begins for military/veteran students on March 28<sup>th</sup> and continuing students on March 30<sup>th</sup>.
- 3. Print off your most up-to-date degree evaluation and bring it with you to the appointment. It may seem like a chore, but it's greatly appreciated by your advisor. With an updated record of your standing, your advisor can more accurately gauge your progress, and help you select courses, and explain what courses you have remaining.
- 4. Share your career and/or transfer plans at the time of the meeting. The advisor can aid you in your educational planning during your time here at HACC and provide input on transfer preparation.
- 5. Your advisor wants to hear how things are going what's working and what's not. From this information they can begin to help you make important changes that could make your life at school better.
- 6. Communicate with your instructors about classes and class time that may be missed. Visit instructors during office hour to discuss your class concerns. If you are not doing as well as you had hoped in your classes, seek guidance from instructors on ways to improve and access tutoring in the learning center.
- 7. Take advantage of the resources available to you here at HACC. We all want you to be successful and are here to aid you along the way.

# Workshop/Event Schedule Spring 2016

Special Event:Career Café—Join us for this fun and exciting event!Wednesday, January 2010:00-12:00East 203

Career Services ~ On The Go!—"Explore, Discover and Connect" - learn more about career services and what's available, or stop by with your career-related questions. Tuesday, January 26 9:00-10:00 East Lobby

Tuesday, January 26	9:00-10:00	East Lobby
Wednesday, February 3	11:00-12:00	East Lobby
Wednesday, February 3	5:00-6:00	East Lobby
Monday, February 8	12:00-1:00	East Lobby
Thursday, February 18	12:30-1:30	East Lobby
Tuesday, March 1	1:00-2:00	East Lobby
Thursday, March 3	5:00-6:00	East Lobby

## *New Event: Job Fair Boot Camp*—Get in Gear, Be Prepared, and Get the Job you Want!

Tuesday, February 23 Wednesday, February 24 Thursday, February 25 10:00-12:00 10:00-12:00 10:00-12:00 East 203 East 203 East 203

East 203

East 203

#### Spring Job Fair—(different employers each day)

Wednesday, March 16 Thursday, March 17 10:00-1:00 10:00-1:00

## *Resume Writing Workshop* – Get help designing an effective resume or get answers to

your resume questions. Thursday, April 7 Wednesday, April 13 Thursday, April 21

5:00-6:00 12:00-1:00 1:00-2:00 Main 305 Main 303 Main 305

*Preparing for the Interview Workshop* – Learn what employers are looking for, how to relax, develop an effective job search strategy, and more!

Tuesday, April 19 5:00-6:00 Main 305

Let us help you start to Explore, Discover, and Connect!!!



Contact HACC Lancaster Career Services for more information located in Main 221; phone 717-358-2290; email careerlancaster@hacc.edu