

Course Description

Nutrition issues are in the news. Eating disorders are discussed in tabloids as we watch public personalities waste away before our eyes. As dental hygienists, we may be the first to see the oral manifestations of eating disorders in our patients. This program will present information on the psychological aspects of eating disorders as well as the nutritional information our patients need. At the end of these presentations the attendees will be able to:

- Discuss the psychological aspects of eating disorders
- Recognize the oral manifestations of eating disorders
- Offer nutritional support for patients presenting with eating disorders.

Pre-diabetic Syndrome, Metabolic Syndrome, Type 2 Diabetes. Increasingly we are seeing patients who report that they are in treatment for these conditions. Some we are familiar with and others are a mystery. Through this presentation the attendees will be able to:

- Understand what these conditions are and how they differ from each other
- Understand the nutritional aspects of each condition.
- Offer nutritional support for patients who present with these conditions.

Hamilton Health Center will be breaking ground for a new, state of the art facility located at 110 South 17th Street in Harrisburg to help meet the medical and dental needs of the community. Many of you may have completed a clinical rotation at Hamilton, or referred a client to them for further dental care. The Harrisburg Area Community College Dental Hygiene Program would like to raise \$5,000 to dedicate a treatment room to this program recognizing our collaborative relationship with Hamilton Health Center, as well as to support this facility as we strive to impact the access to care issue in our community. Please consider making a tax-deductible contribution to this effort. Please make checks payable to: **Sigma Phi Alpha, Chi Zeta**.

It is the policy of Harrisburg Area Community College, in full accordance with the law, not to discriminate in employment, student admissions, and student services on the basis of race, color, religion, age, political affiliation or belief, gender, national origin, ancestry, disability, place of birth, General Education Development Certification (GED), marital status, sexual orientation, gender identity or expression, veteran status, genetic history/information, or any legally protected classification. HACC recognizes its responsibility to promote the principles of equal opportunity for employment, student admissions, and student services taking active steps to recruit minorities and women.

HACC's Dental Hygiene Alumni Day 2011

Nutrition, Eating Disorders, and Other Issues”



Friday, October 21, 2011

8:30 AM—3:00 PM

Alumni Day Schedule

Friday, October 21, 2011

7:30-8:30 :

Registration, Continental Breakfast
HACC's Wildwood Conference Center Main Floor

8:30-9:30 :

Polly Rost, Ph.D
Psychological Aspects of Eating Disorders

9:30-11:00:

Beth Conway, Registered Dietician
Nutritional Aspects

11:00-12:00:

HACC Dental Hygiene Students' Table Clinics:
Dental Hygiene Clinic: Select Medical Health Education Pavilion, Room 102*

12:00-1:00:

Lunch
Wildwood Conference Center Dining Room Second Floor

1:00-2:30:

Carole Clelland, RD, LDN
Metabolic Syndrome and Pre-Diabetic Conditions

* This four (4) CEU course will be supplemented by Table Clinic Presentations by HACC's 2nd year Dental Hygiene students. Participants attending the presentations will earn one (1) CEU totaling five (5) CEUs for the day.

Registration Form

Register by sending a **check payable to :Sigma Phi Alpha, Chi Zeta** and completed form to:

HACC Dental Hygiene Clinic
One HACC Drive
Harrisburg, PA 17110
Attn: Patti Baltimore

ADVANCED REGISTRATION ONLY - Limited seating; must be postmarked by:

Please print LEGIBLY

Name _____

Address _____

City _____

State _____ Zip _____

Home phone number: _____

Work/Cell number: _____

E-mail address: _____

DH License # (Specify State): _____

Please circle one:

ADHA Member: \$85

HACC Alumni: \$85

Non-ADHA Member/Non-Alumni: \$95

Hamilton Health Center Donation: \$ _____

**POLLY ROST Ph.D
Clinical Director
Rost & Associates**

Polly received her training at Temple University and has been practicing since 1986. She specializes in a variety of illnesses with an emphasis on the treatment of eating disorders. She is the Clinical Director of a private psychology practice which employs 11 healthcare professionals with offices in York and Lancaster.

**CAROL CLELLAND, RD, LDN
Outpatient Registered Dietitian
Food and Nutrition Department
Sodexo Health Services at PinnacleHealth System**

Carol graduated from West Virginia University with a BS in Dietetics. She trained at Philadelphia General Hospital. She has been with PinnacleHealth System for 25 years in some capacity as a nutrition educator and counselor. She has taught community nutrition classes, written magazine and newspaper articles and has been interviewed numerous times by the media on a wide variety of nutrition related topics. Public speaking experiences include support groups, non-profit organizations, community gatherings as well as corporate class series and professional peer groups. She is a member of the American Dietetic Association and the Pennsylvania State Dietetic Association.

**BETH CONWAY
Registered Dietician
Wellspan Health**

Beth Conway has been a registered dietician in the state of Pennsylvania since 1992. She received her BS in nutrition from Penn State and her MS in Health Science from Towson University. Beth has worked for Wellspan Health for ten (10) years working with patients requiring nutrition therapy for a variety of disorders. She is the primary dietician in Wellspan who sees clients with eating disorders including anorexia nervosa, bulimia, and binge eating disorders. Beth lives in the York area, is married and has three children.