



Nutrition Christina Michael discusses how to eat healthy while on a budget Page 3

World at Large Kyle Paradise reports on the recent earthquake in Turkey Page 6



Photo courtesy of MCTCampus



Live Wire HACC Lancaster's Student Newspaper

November 2011 Volume V Issue III

HACC President holds inaugural celebration

by Lisa Pardus, **Contributing Writer**

On Friday, October 20, 2011, Dr. John J. Sygielski was inaugurated as the seventh president of HACC. The festivities started with a free cookout and DJ under a big top tent on the lawn outside of the Cooper Student Center at the Harrisburg campus and ended with entertainment/reception at the Helen Y. Swope Memorial Carillon in the Wildwood Quadrangle.

The event was planned by the Gettysburg S.G.A (Student Government Association) and David Morrison, assistant to the president, and financed by all the S.G.A.'s.

The event was taped for later viewing, as well as being shown live online so that students could view it later if they had to attend classes or work.

The food served consisted of hot dogs and hamburgers, both regular meat and vegetarian, with vegetable platters instead of chips to give us all a healthy nutritious meal

Members of the Phi Beta Kappa added their help as well, ushering and holding doors for the attendees and procession. SGA presidents from all the campuses also participated in the procession with Lancaster's own SGA President, Joe Blauberg. Many other students, teachers and faculty, including Warren Bair and Dr. Mumby, also represented Lancaster H.A.C.C. Chris Marher, Phi Beta Kappa member, was the doorperson and provided transportation Despite a busy afternoon, and having to leave business to wait for Monday, Dr. Ski attended a meet and greet with students at the cookout. Despite the drizzle, the smile never left his face. Shaking every student's hand inside and outside the tent, Dr. Ski didn't leave one student behind.

Occupy Lancaster Satellite demonstrators protest against corporate greed in Lancaster City



After nswering some questions by the students, Dr. Ski made sure he said hello to many of the workers and teachers he already knew See **PRESIDENT** on page 5

Protestors gather in the main square of Lancaster City, modeling their efforts on Occupy Wall Street.

by Abraham Arehart, Staff Writer

Police stood on watch on Saturday, October 15, as people gathered at Penn Square in Lancaster to protest corporate greed in a movement known as Occupy Lancaster. The rally began at 9 a.m. with a training session at the Community Mennonite Church in Lancaster. After a short break, the rally started in earnest at Penn Square at noon, followed by a march throughout downtown Lancaster.

By the end of the march, there were an estimated three hundred people chanting slogans and displaying signs. Many drivers expressed their support by honking their horns as they passed the protesters. The march reached its climax and final destination at Art Park, where protesters have pitched their tents adjacent to the police station to begin their occupation. The march lasted over an hour and a half, with young and old shouting, "We are the ninetynine percent!"

Currently there are over forty people camped in Art Park with no intention to leave. Permits to inhabit the park have been granted until January.

Occupy Lancaster has attracted a diverse set of participants, ranging from middle school youth to the elderly. In addition to having a diverse age group, the movement's individual goals seem to run the gamut. At the protest, signs could be seen protesting corporate greed, lack of environmental concerns by the government, war, government corruption, unemployment, and more, Despite the relative diversity of opinion, standing amidst the crowds during the march, one can sense that the solidarity among the crowds is indeed very strong.

HACC student Thadd Acosta was among the crowd, bearing a sign denouncing fracking, a controversial drilling technique with potential environmental consequences. When asked about the potential lack of focus of the movement, he said, "I would say this isn't like that. This to me represents a new tactic, using

social media to gather together. The Occupy Wall Street protests, like here, are really a platform for people to come together and express their concerns."

Photo by Abraham Arehart

Occupy Lancaster is indeed part of a much greater phenomena. Its roots are traced to the now famous Occupy Wall Street protests, which have enveloped New York since mid-September. The thousands of protesters in New York have made global news, sparking spin-off protests throughout the world, including London, Paris, Los Angeles, Chicago, and Rome. According to the New York Times, the Occupy Rome rallies gathered over

See LANCASTER on page 4

Live Wire

1641 Old Philadelphia Pike

Lancaster, PA 17602

EDITOR-IN-CHIEF Shawn Shaknitz

MANAGING EDITOR Brendan Krick

STAFF WRITERS

Abraham Arehart Kyle Paradise

CONTRIBUTING WRITERS

Lisa Pardus Christina Michael Keith Love Robert Iraheta Michelle Bolton

COLUMNIST Laura May

MARKETING MANAGER Angel Pacheco

> *ADVISER* Patty Hanahoe-Dosch

Lancaster LiveWire is provided at no cost to students and faculty of Harrisburg Area Community College. If you would like more than two copies, please contact our office and consider offering a contribution to our operating costs. Thank you.

POLICIES OF LIVE WIRE

Live Wire is an open forum for student expression. The opinions expressed in editorials, columns, and features are those of the authors and are not to be construed as representative of the college administration, faculty, or student views. Live Wire does not endorse advertisers. Concerns about the content of any issue should be directed to the editors in Room 105 F of the Main Building.

LETTERS TO THE



by Tammy Wilson, Staff Writer

Occupy Lancaster is an extension of the Occupy Wall Street demonstrations in New York that, basically, protest how the government is being run. Claiming to be part of the 99% of the population that has no voice in how politicians make their decisions because corporations and the elite "buy" votes, people have started camping out on the lawn in Art Park in Lancaster. I have no argument with their protest; in fact, I agree that government needs to examine who is actually controlling how decisions are made and rethink how lobbying works.

My complaint stems from the fact that I can no longer walk to my destination and use the pathway through the park because it

is blocked by tents and protesters.

I don't mind the extra distance I have to walk (I could use the exercise), but the protesters also tend to be on the sidewalks with their signs or just standing around smoking and talking, making it hard to navigate around them.

Everyone has a right to protest; it's part of how democracy works, but have some consideration. If you are just standing around catching up on gossip, don't block the sidewalk. This isn't the mall where groups of people can congregate and block the way of people who have a destination to get to. And since you'll possibly be there until January, consider using the provided path for your discussions instead of the sidewalk. Many pedestrians will thank you and might even give more support to your cause(s).

Letters to the Editor: Regarding September's student profile

by April Barger, HACC Student

I do agree with the previous letter to the editor as in you do have to be careful not to offend students, as we do have a diverse population. However, the article was not meant to be serious. It was clearly meant as a joke. I enjoyed it. I literally laughed out loud. With school and outside lives keeping us busy, I thought it was a clever article and a refreshing break from daily activities. I have never understood why people get offended at everything. There are plenty of people who do not share my beliefs and guess what, I say keep on keepin' on. I do not get upset at them.

Perhaps in the future do not write articles in that fashion, but I don't think you should be heavily criticized or punished.

Tell Me About It...

by Laura May,

Faculty Contributor



TELL ME ABOUT IT.....is a new Livewire column where students can read and receive advice from one of our very own. Laura May, a professional counselor, offers advice on all of life's issues: relationships, stress, dating and more! Have a question? Send it to tellmeaboutit@hacc.edu. Letters may be edited for length, content, and clarity.

Dear Laura,

I think I've made a bad first impression with my professor because the first month of school I was adjusting to my new schedule, and as a result, I came in a late to class a few times and failed to complete several assignments. Now, I'm much more settled in and serious about my schoolwork. I want to show him that I'm a focused student, but I think it might be too late, since my first impression was a bad one. Made a Change

Fashion Trends: Fall 2011

by Amber Wise,

Contributing Writer

The verdict is in! This fall you'll be savoring sparkles, feeling fancy in fur, and snuggling up in ponchos!

It's been almost a decade, but ponchos are back! It's easy to find them "so 90's" or childish so to speak, but paired with jeans or leggings and a great pair of boots, you'll be thinking differently.

If you're not into ponchos, long skirts and dresses are another 90's style look sticking around for another season. Ditch the flip flops you wore with them for summer and pair them with some booties instead. Finish the look off with a cute, cropped leather jacket and you're ready for fall. Feeling tough? Good, because motorcycle jackets are back from fall/winter of '10. Bring out your old leather biker jacket and pair it with some skinnies and you'll be looking "falltastic". Miley Cyrus and Taylor Momsen are known for rocking this look, so let them be your guide. If you're not that into the leather look, pair your skinnies with a great fitted blazer and some flats. Blazers that taper and flare from the waist give a fun and sophisticated look that is great to wear on dates or out with friends.

Dear Made a Change,

It's never too late! Instead, commit to a practice of being consistent for the remaining time in the semester. Maintenance behaviors can slowly and reliably pull even the most difficult relationships into a better place. I'm sure your professor will see your effort and appreciate the change you've made. The best to you! Laura

Dear Laura,

In order to save money on housing, I decided to move in with my best friend while we are both in college. Things were great until "Beth," my roommate, got a boyfriend, and now he's over all the time. My apartment is beginning to feel like "their apartment," and I'm not as comfortable as I used to be. Any suggestions on what to do?

Uncomfortable

Dear Uncomfortable,

I would suggest you convene a house-hold meeting with Beth and lay some ground rules on having guests over. If you don't bring this out in the open, you will never establish a compromise and continue to feel resentment toward her. Because Beth is your best friend, she will hopefully understand where you are coming from and ease up on having her boyfriend over so much. The best to you! Laura

and flats. Express has a great selection of these "sparkly" pieces in tanks and blouses for fall.

For a more casual fall look, grab a striped shirt and pair it with a patterned scarf. Clashing of prints is in so feel free to pair that animal print skirt you've been dying to wear with a tribal sweater. If you're not into the print overload, go for a more subtle approach and start off pairing a striped shirt (since they're in too) and pair it with a tribal patterned pencil skirt.

Although it's not for everyone, fur is back and it's not shy. Bold color fur coats and faux rabbit vests are popping up everywhere. For those who aren't quite ready for the "furry" look, go for a cute shoulder bag with faux suede animal print (preferably cheetah) and wear it with a solid black dress. A simple dress will be brought to life with the pop of print. You can also bring in a touch of fur with a pair of tie up combat boots with a faux fur cuff. Steve Madden has a great selection of these boots this season that can be found at affordable prices at stores like Marshalls and T.J. Maxx. Last but not least, boots. Boots, Boots, Boots. Did I say boots? This fall you'll be seeing them everywhere. Booties, above the knee and wedged boots are very popular this fall. The classic leather boots, classically done by Ralph Lauren and Michael Kors, will continue to be a key piece this season.



EDITOR

Live Wire welcomes letters from readers. Letters should include the writer's affiliation with the college, address, and phone number. Submissions are subject to editing for style, length, and libel and they should not exceed 350 words. All submissions then become the property of Live Wire.

CONTACT US

Phone: (717) 358-2850 E-mail: livewire@hacc.edu

ADVERTISING

Phone: (717) 682-4087

Main for information!

NEW! HACC offers priority enrollment for continuing students this spring.

Continuing students: Enrollment opens 8 a.m. Monday, October 31

[®]New students: Enrollment opens 8 a.m. Monday, November 14

*Call to reserve an advising and registration session early to get the best classes.

Are you ready to shine? Sequins and jewels are back, and they are flashier than ever. Sequin tops are great for a night out to the club and look cute with a blazer

November 2011

Live Wire

How to eat healthily on a budget

by Christina Michael, Contributing Writer

Everyone is well aware of the fact that the cost of living has increased dramatically. People everywhere are affected by it, especially college students. After spending their money on tuition and books, the average student rarely has any spare money. As a result, this affects the food they consume. This leads students to settle with cheap, unhealthy choices such as processed foods or going out for fast food.

Most people think it costs too much money to eat healthyily. The secret behind eating healthily on a tight budget is knowing where to shop and what to shop for.

Buying in bulk can save a lot of money. Costco and BJ's are two popular wholesale clubs in Lancaster City. These two places are membership-based warehouse clubs that sell high-quality brands at high volumes. They focus on low prices. When buying in bulk, it is important to buy only the necessities or products that will be used in a reasonable time period. If perishable items are bought, they can be frozen in smaller amounts and used when needed.

Another store to save money on food is Amelia's Grocery Outlet. Shopping at a grocery outlet saves tons of money. According to Amelia's Grocery Outlet, at this store you can save up to 70% on brand name groceries, compared to products in a regular grocery store.



Healthy sandwiches make for a quick and easy meal from items found in the fridge.

Fresh food does not always have to be expensive. Shopping at local farmers' markets is one of the best ways to get fresh foods cheap. Root's Market and Lancaster Central Market are a couple of the oldest farmer's markets in Lancaster County. Root's has over 200 different stands that offer a variety of products with great bargains. Other than the fresh foods from all of the stands, Root's also offers a public auction. They auction off poultry, produce, flowers, antiques, etc. Purchasing from an auction saves a great deal of money. In the article "11 Tips For Eating Healthy On a Budget" from "Simple Mom, Lisa" states that buying from your local farmers, you can

ask how they grow their foods to see the amount of pesticides they use. Also, for people who like to buy in bulk, sometimes farmers will give a discount for bulk purchases.

If there is not enough time to shop around for bargains, planting a garden can always guarantee freshness. It takes time to take care of, but saves a lot of money. Reading "Getting Started With a Garden" from "Simple Organic" is a great way to learn how.

Furthermore, other than knowing where to shop, it is important to know what to shop for in order to save money. Meat is normally pricey, so cutting back on meat will help save. It is a good idea to shop for inexpensive cuts of meat that can be added to stews or casseroles. Stocking up on frozen or canned vegetables saves time and money as well. In the article "Save Money With-out Sacrificing Quality" from "Spark People," Rebecca Pratt points out that Grocery Stores place the expensive name brands at "eye-level", and the inexpensive brands above or below them. Shopping for generic or store brands saves money, and getting the food canned saves at least one dollar usually. To make healthier meals, canned vegetables should not be used as sides. Canned vegetables can be added as bases to soups, stir fries, casseroles, and crock-pot meals. For more nutrition, stirfries should be made with brown

rice. Pasta is another cheap meal to make, but should be made with whole-wheat pasta whenever possible. All of these one-pot meals save time, money, and provide good leftovers.

When trying to eat healthy, food should always be bought as fresh as possible. Salty and sugary foods should be limited in a healthy diet. Therefore, it is critical to avoid processed foods. Processed foods leave the person still feeling hungry and do not provide enough nutrition. Focus on buying raw vegetables and granola bars to replace unhealthy snacks. Snacks or any foods with high saturated fats should be avoided.

Buying seasonal fruits and vegetables often cost less because they do not come from far-away countries. They also taste better and are more nutritious. To save money, a person can freeze the fruits and vegetables to stock up on during the natural season, for the off season. Stock up on any vegetable trimmings. They can be added as a base to any of the one-pot meals mentioned earlier. This will save money and make the meals fresher.

Overall, there are many different ways of eating healthily on a budget. It is a matter of knowing where to shop and what to buy. In this economy, many people encountered this issue and found multiple solutions to it. It takes creativity and a little work, but so does everything else in this world. In the end, more spare money and a healthier body is worth the work.

CALOR: an organization for cultural diversity

by Abraham Arehart, Staff Writer

Lancaster's Harrisburg Area Community College is home to students of many ethnic groups and nationalities. These groups often face the challenges of integrating into American society while maintaining their cultural roots. C.A.L.O.R. is an organization empowering Latinos to meet these challenges and not just survive – but thrive.

C.A.L.O.R. is an acronym for

background. We have members from many nationalities, not just Latino ones."

The group's diversity is impressive, having over 40 members that run the gambit from Mexican, Panamanian, Venezuelan, Dominican, Puerto Rican, Columbian, Argentinian, American, and more. These many nationalities encompass aspects of the wider Latino culture that is sometimes hard to define collectively. When asked as to what qualities they all have in common, C.A.L.O.R. member Nathaniel Torres said, "Energy. There is an energy within the Latino culture that is very welcoming. Every member is a family member." The organization itself is indeed very welcoming. Every month there are events that are open to the public. These events foster a sense of openness that fights any negative perceptions that people might have of Latino culture. Ricardo Alodovar said, "The Latino culture is underrepresented in the area, and we need to stop that by getting involved. Latinos have a responsibility to participate in the community, to vote, to raise public awareness of ethnic diversity. That is part of what C.A.L.O.R. is about."



Council on Affairs of Latino Organizational Resources. When the letters are put together they spell calor, a Spanish word meaning "heat." C.A.L.O.R., as an organization, was founded in 1995 by Jose Nunez, a former HACC student, and reactivated in 2010 by Carlos Gonzales.

The organization serves as a student advocate and educational support system for Latino Students. Its members seek to increase awareness of Latino culture through celebrations and cultural events. "We want to promote solidarity within the Latino culture, and share solidarity with everyone," says Ricardo Alodovar, C.A.L.O.R.'s acting president. "Although the organization is Latino oriented, the fact is, it is open to people of any

There are a couple events coming up in November. On Novem-

C.A.L.O.R. members dance and celebrate at Latin Fiesta, a campus event.

ber 1, C.A.L.O.R. will celebrate the Day of the Dead, a holiday of Mexican origins that focuses on celebrating the lives of the deceased rather than mourning their passing. On November 16, the group will host a Latin American Food Experience, offering Latino cuisine and a place of fellowship open to all students and faculty. The organization also hopes to raise enough money to support a mission trip to the Dominican Republic in March to help the country's communities and raise educational awareness. C.A.L.O.R. Vice President Darlyn Castillo, herself a Dominican, said, "Just as we do here, we want to help the communities in our native countries, as well. Many people coming in from other countries start off badly due to a lack of emphasis on education and difficulty integrating. We want to change that."

The many opportunities for friendship and getting involved are funded in part by the budget provided by the S.G.A. (Student Government Association). C.A.L.O.R.'s president points out that, "Four dollars of every credit hour goes into student organizations, so why not participate?" There is no fee to join although students will be asked to participate regularly in meetings and community events.

The club meets regularly on Thursday afternoons from noon to 1:30 P.M., in the Student Lounge. Inquiring students are encouraged to attend or ask for more information at the Student

Courtesy of C.A.L.O.R.

Live Wire

Lancaster Earthquake strikes Turkey

Continued from page one

one hundred thousand protesters, eventually with police force needed to contain the crowds. OccupyTogether.org, a website set up by the Occupy Wall Street movement, states more than 1500 cities have joined the cause.

The movement in New York has been marred by the alleged use of pepper spray on a group of female participants, as well as other incidents of excessive force used by law enforcement. The Occupy Lancaster movement has stayed well within the realm of control. There have been few incidents, but policing has been generally unnecessary.

In fact, its organization and efficiency could be surprising considering the diverse goals of its members. There is a dedicated leadership group that ensures things stay running smoothly during the camp-in. There is a daily schedule at Art Park, ranging from yoga classes, work hours, lectures from professors, and even childcare for parents.

Recently camp tents have been reorganized to reduce clutter and save the grass at the park. Not all camp members stay the entire week. Some drop in when they can, or after work.

Locally, protest movements have sprung up not just in Lancaster, but in Harrisburg, Allentown, and West Chester, as well. There have been no signs of the movement slowing. People interested in the movement can join Camp Meetings at 10 a.m. or General Assemblies at 7 p.m., both at Art Park.

by Kyle Paradise,

Contributing Writer

On October 23, Turkey was rocked by the most powerful earthquake to hit the country in ten years, according to CNN. Turkey lies in one of the world's most active seismic zones and is crossed by numerous fault lines. In 1999, two earthquakes with a magnitude of more than 7 struck northwestern Turkey, killing about 18,000 people, says the Associated Press (AP). As of October 26, in the most recent quake, 432 people have been reported killed, with over 1000 feared dead and over 1300 injured. According to "USA Today," the two worst hit cities, Van and Ercis, reported at least 900 buildings destroyed.

The quake's epicenter was in eastern Turkey, near Lake Van and the Iranian border, at a depth of 12.4 miles, says the U.S. Geological Survey (USGS), shallow by earthquake standards, but particularly destructive due to poor building codes in the country, according to ABC News. There have been as many as 200 aftershocks reported with magnitudes as high as 6.0, terrifying the tens of thousands that are now sleeping outside since the initial hit, many of whom are not homeless but still too scared to return to their homes.

Survivors and opposition politicians have criticized the government for failing to provide enough supplies. "We shivered all night long; nobody provided



A 2-week-old baby is rescued from the rubble of a toppled building.

us with any blankets or heaters; we don't even have a toilet," one woman, who is staying in a tent, told the BBC.

Meanwhile, rescuers are still scrambling to try and save people still trapped in as many as 40 multi-story buildings, using cranes to lift large slabs of concrete, while others are attempting to dig them out with shovels. "There are many people under the rubble," Veysel Keser, the mayor of Celebibag, told NTV. "People are in agony; we can hear their screams for help." At one point, rescuers turned off all their equipment in order to attempt to locate survivors by listening for their calls for help.

Three generations of the same family - a two-week-old baby girl, her mother and grandmother - were found alive by rescue workers in the town of Ercis, according to the BBC. One man managed to help rescue his trapped fiancé by digging through the rubble to reach her with just his bare hands. Earlier this week, a two-week old baby was found by rescuers after surviving for 48 hours alone.

Many countries, including the U.S., Greece, Armenia, Iran and Israel, have offered rescue aid to the nation, but Turkish President Abdullah Gul has declined the assistance. Around 1,275 rescue teams from 38 provinces were being sent to the region, officials said, and troops were also assisting search-and-rescue efforts, according to the AP, which also quoted President Obama, who said:

"On behalf of the American people, I express my deepest condolences to the families of the victims. Our thoughts and prayers are with the brave men and women who are working to bring assistance to this stricken region. We stand shoulder to shoulder with our Turkish ally in this difficult time, and are ready to assist the Turkish authorities."

Dr. Wenger holds lecture on the conscious and unconscious mind

by Tammy Wilson, Staff Writer

Which is more powerful, your conscious thought or the unconscious processes your brain uses? This was the topic explored by Dr. Jay Wenger, HACC-Lancaster faculty member, during his lecture entitled "A Modest Attempt at Understanding Ourselves," part of the honors program lecture series. The lecture took place on October 13, in Main 326 from ors lecture series, the lecture was more about his studies than his experience in Kenya," said Hall.

Dr. Wenger's lecture has been the most well attended lecture of the series so far. "There were fifty people at the Lancaster campus alone," said Hall. The lecture was broadcast live to all the other HACC campuses.

"I went to support Dr. Wenger as a representative of the book store," said DeYanira Gonzalez. "Dr. Wenger already talked about his study to my class (Psych 101), so when the book store wanted someone to go, I volunteered."

Mexican police force shrinks as body count increases

Conflict with drug traffickers continues its violent course

by Keith Love,

Contributing Writer

If someone says the word "Mexico," one may think of the beautiful resorts such as Cancun. Some people may even think of the rich heritage and diverse culture the region has to offer. In recent years however, Mexico has become the scene of a variety of drug-related violent crimes.. What used to be known as a tourist attraction is now known as a drug trafficking war zone. There has been an ongoing "drug war" between the drug trafficking cartels and Mexican law enforcement since December of 2006. According to the U.S. Department of Justice, wholesale drug earnings range from \$13.6 billion to \$48.4 billion a year. In the midst of all this, one may ask, "Where is the law enforcement? Is there any justice in this country?" There is law enforcement, but lately they have been unreliable and corrupt. According to CNN news, in the state of Veracruz Mexico, 1,000 police officers have been fired. On October 18, over 3,000 police officers underwent examinations to see if they were still eligible to wear the badge. Statistics from CNN news show that 1 out of 3 officers failed these examinations. There are a total of 21,000 officers employed by the state of Veracruz, and if the remaining officers take the tests, CNN perdicts an additional 5,500

group of masked men call themselves the Mata Zetas, or better known as the Zeta Killers. The Zeta Killers are a part of a wellknown drug cartel called the Jalisco New Generation cartel, that operates in the state of Veracruz and is known for its ruthless murders.

3:30-4:30 p.m.

Addressing a standing-roomonly crowd, Dr. Wenger presented reasons psychologists are changing long held beliefs that conscious thought is what causes us to behave the way we do. Alluding to five of his own studies, along with several others, Wenger told audience members that perhaps unconscious thought processes have more to do with how we behave than what we are consciously thinking.

"It was an easy decision to ask Dr. Wenger to be a guest speaker," explained Kim Hall, Honors Program Coordinator for HACC-Lancaster, "He is a two-time Fulbright Scholar award winner." Dr. Wenger returned in May from his most recent academic exchange provided for by his second Fulbright award. "Since it is an hon"Privileged," said Dr. Wenger when asked how it felt to be a speaker for the honors lecture series, "When you do research, you're pleased to present your findings, to talk about your study."

Lectures scheduled for the Honors Lecture series are open to all students, faculty and staff, not just those in the honors program. Since the Lancaster campus took over the lecture series, the location of the lecture is where it is most convenient for the speaker and broadcast to all other campuses. Times have also been changed to later in the day in order to avoid conflicts with classes and lunch times. officers will be deemed unfit to serve and terminated.

Last month a total of 67 bodies were found dumped in various locations in two separate cities in the state of Veracruz. More than half of these bodies were found on September 20, 2010, in the back of two abandoned trucks near a shopping mall. Investigators found the bodies of 12 women and 23 men in the small town of Boca del Rio, one of the state's most populated areas. Most of the deceased men and woman had criminal backgrounds, but one of those men was a police officer who had been missing for 15 days.

Shortly after the bodies were discovered, a video emerged from a group of masked men stating they were the murderers behind the vicious homicides. This According to CNN news, the members of Meta Zetas are prohibited by code to commit crimes such as extortion or kidnapping, as was communicated in a video that the group released to the media. In the video, the group stated that they were an "extermination" force, that works as the armed front "of the people and for the people."

According to CNNMexico, in the month of October, Mexican authorities managed to apprehend eight people who were linked to the dumped bodies in Veracruz. Since 2006, the body count has risen to 40,000 due to the maliciousness of drug cartels. These figures were given in January of 2011 by the Mexican government, but will continue to rise as long as this ongoing drug war in Mexico continues.

Lancaster General Health

FREE Rapid HIV Testing

Tuesdays 1–5 p.m. Thursdays 1–6 p.m.

- Confidential
- Results in 20 minutes
- Needle-free test
- No appointment necessary

Lancaster General Health Comprehensive Care Medicine

554 North Duke Street, 3rd Floor Lancaster, PA 17604 (717) 544-4943 www.LancasterGeneralHealth.org

HACC celebrates All Hallow's Fest

by Shawn Shaknitz, Editor-in-Chief

With Halloween looming, students get into the spirit deciding what plans they are going to make, what costumes to wear, and what parties to attend. In the spirit of the holiday, S.G.A. (Student Government Association) held its own celebration.

On October 26, from 11 a.m to 2 p.m, H.A.C.C. Lancaster campus held All Hallow's Fest in Footnote's Cafe, located in the main building. During the event a buffet was served, provided by Catering by Christina. In addition to the buffet, the S.G.A. also purchased sandwiches from Subway. "During the informal chat with Dr. Washington, it was said that Subway would not be opening till around Thanksgiving; we thought it would be nice to put some food in the cafeteria. But Subway opened and we didn't want to hurt their business today, so we reached out to the vendors and purchased some food from them," said Joe Blauberg, S.G.A. president.

The event included a costume contest that was judged by a group of peers, whom were all apart of the S.G.A. Students that participated in the costume contest had the chance to win a Kindle. "In the past we have tried to hold costume contests, but no one ever dressed up. I think the Kindle helped get people involved," said Christina Bewersdorff, S.G.A. treasurer.

Even with the Kindle as a prize, the turn-out for the costume contest was lackluster. "I only saw a hand-ful of people in costumes. Maybe if there was a little more advertising more people would have participated," said Ricardo Almodovar, C.A.L.O.R president.

Luke Brahl, a H.A.C.C. student, joined in the contest dressing as Ralph Macchio (the Karate Kid). "I, honestly, have not attend to many of the events. The food was better than in the past," said Brahl.

Emma Carr-Gardner, dressed up as Harry Potter, won the costume contest. "It was worth it to dress up and embarrass myself; in a fun way," said Carr-Gardner.



Emma Carr-Gardner, contest winner.

President *Continued from page one* by name on his way to get ready for the procession.

The official ceremony, held in the Cooper Student Center, had a small brass ensemble and choir. After being introduced, Dr. Ski stood up, put on a "cat-in-the-hat" hat and spoke from that wise and wonderful author and philosopher, Dr. Suess and his book "Oh! The Places You'll Go!"

Students and teachers are hopeful that under Dr. Ski's reign HACC campuses will become more united, with all courses eventually being offered at all HACC campuses.

Just before Dr. Ski walked into the building to get ready for the procession, he left with words of wisdom for all HACC students; "Never ever ever, never ever, never ever, ever give up."

Dr. "Ski," as he is also known as, comes to HACC from Mt. Hood Community College, Oregon. He grew up in Ohio, being the first member of his family to attend college. His first presidency was at Lord Fairfax Community College in Virginia.

HACC Lancaster screens "Gen Silent" Documentary analyzes living conditions of nation's elderly LGBT community

by Brendan Krick, Managing Editor

On Monday, October 17, the documentary film "Gen Silent" was screened at HACC Lancaster to recognize LGBT History Month. The event was organized cooperatively by Lancaster Allies, HACC Lancaster's Office of Student Life and Multicultural Programming, and the Central PA LGBT Aging Network (CPLAN). The event was free and open to all students as well as members of the community.



alone. Sheri insists she will never hide her sexual identity again, but Lois suggests that she might do so in order to remain safe.

Mel is an elderly gay man who has hidden his 39-year relationship from nearly everyone. He and his partner even went as far as not using their last names on Christmas cards to avoid being identified by strangers. He reaches out to a welcoming agency that connects him with other LGBT seniors, allowing him to feel comfortable sharing what he has

Page 5

the community.

Though the turnout was relatively small, those who did attend seemed moved and interested by the film's delicate study on the experiences of aging LGBT Americans as they enter the healthcare system. Director Stu Maddox sought to uncover the truth about how these individuals are treated by nursing home staff and other medical care professionals as a result of their sexual orientations and gender identities. Furthermore, it reveals the pressure these people feel to hide the lifestyles they have in some cases proudly and openly maintained for decades. As the film's trailer states, "The generation that fought hardest to come out is going back in... to survive."

The subjects in the film are all at one point in their story afraid,

Courtesy of Gen Silent

Lawrence, one of the key subjects in the film, poses with his long-time partner.

lonely, and uncertain. Lawrence is an elderly gay man who has reluctantly had to place his partner, Alexander, in a nursing home facility. He struggles with the isolation that his newly empty house brings him, as well as the guilt he feels for abandoning the man he loves in an environment he is not confident is safe or welcoming for LGBT people. He considers suicide, but resists because he knows that without him no one will be around to care for Alex-

e ander.

Krys Anne is a transgender woman who has been largely rejected by her family because of her transition. She is diagnosed with terminal cancer and suffers through the film as she attempts to build a support network to replace the one that abandoned her. She becomes active in her local LGBT seniors community, and in one beautifully emotional scene is visited in the hospital by her new friends to celebrate her

birthday.

Sheri and Lois are a lesbian couple who have been together since they were active in early gay rights protest efforts in Boston. They recount the story of a friend of theirs who, after leading an open and happy life as a gay man, decided to hide his identity once he entered a nursing home. The man refused visits from his LGBT friends out of fear of being abused and discriminated against, and ultimately died for so long kept a secret.

"Gen Silent" is a powerful film, and it is also an important one. It effectively raises awareness about an issue that is easily overlooked. An audience member spoke from experience after the screening about being ostracized from the larger gay community due to his age. Unconscious or unintentional exclusion or discrimination within an oppressed minority group is not an issue that is often discussed. This film skillfully follows six people through a year in their lives to entertain and inform about the plight of a largely forgotten, ignored, and voiceless group of people. Here's hoping "Gen Silent" continues to start the kinds of conversations and inspire the sorts of changes that have advanced the gay rights movement to where it is today.

November 2011

"Deus Ex: Human Revolution" is one of the best gaming experiences of the year

by Robert Iraheta, Staff Writer

It has been quite a long time since the last Deus Ex game came out (the author will promptly ignore Invisible War for self-explanatory reasons i.e. it sucked). Times have changed since then; it seemed that in the late 90's, just about every first person shooter (FPS) on the market pushed the envelope. Games like "Half-Life," "Deus Ex" and "System Shock 2" changed what shooters could be, and nowadays it seems like every shooter is a rehash of the last best thing, being creatively bankrupt at every chance. So what better chance of having a change of pace than one of the old leaders of the FPS genre? "Deus Ex: Human Revolution" seems like a shining star amongst the drab gray and brown landscapes that have consumed this genre. Can this game bring back to life a dead franchise or even infuse life into the shooter genre?

"DE:HR," "Deus EX: Human Revolution", as it's going to be simplified from now on, is a game about choices. Much like its predecessor, the player can choose how to play the game on his or her own terms. As the security

guard Adam Jensen, the player is thrown into the city of Detroit in the near future, where augmentation technology has surfaced and has become a point of contention. One day, Adam Jensen is in the middle of a security breach, where he is brutally killed and his love interest lost in the fire. He is then brought back to life using life saving augmentations and becomes a whole lot like Robocop, if he were not hideously ugly. Using these augmentations, the player can choose which ones to use to his or her playstyle. Can the player go in like Robocop, guns blazing? Yup. Can the player sneak that s---? Certainly. Can the player blast people away like Neo from The Matrix? Surprisingly, yes. What does this all amount to? Fun.

Now all of this would mean nothing without an apt playground to do it in. The enemy AI is fantastic, there's plenty of great weaponry and the levels are well designed with many routes to take and many secret passages. The player could stealthily pick out each target at strategic points; he or she could sneak his or her way out of a vent, hack enemy robots to fight for you or punch a hole through a wall to snap a baddy's neck. Basically, there's



Characters from Deus Ex: Human Revolution handle firearms while staring.

no end to the choices to be made in the gameplay. The only downside is that most of your actions require the use of batteries that replenish by using items, and when encountering a boss, you have no other choice but to use the batteries and take them head

As for the story, it's kind of like if Robocop were set in the world

of Bladerunner, if that makes sense. It's a story of intrigue, lots of betrayal, and a huge philosophical discussion on the right and wrong of human augmentation. It's very well done and is quite realistic in its portrayal of what society could be with technology like that. Sadly, the ending doesn't quite match up to the buildup.

"DE:HR" does a remarkable job of bringing back the series to former glory. It may not have been as good as the original, but it stands on its own two feet to be one of the best experiences of the year. Hopefully, this series will come back full force and bring us something even better the next time around. It would be good to see shooters in a better light now.

Field of Screams offers terrifying new additions

on.

by Michelle Bolton, Staff Writer

Halloween is the holiday that arouses the desire to be frightened. It is the opportunity to personify your favorite fictional horror character and spend twenty-four hours venturing into a world of terror and screams. Every year Field of Screams offers new additions to their attractions: Den of Darkness, Frightmare Asylum, and Haunted Hayride. In other words, each year at Field of Screams presents surprises abundant in horror. Upon entering Field of Screams, cautiously, I was confronted by the sounds of chainsaws and the sight of teenage girls dashing from the Frightmare Asylum. Moseying around food and game stands, silent Mike Myers poses for pictures with a young crowd of fans. This year, I decided to visit the walk-through attractions first starting with the Den of Darkness. If you have a fear of walk-through attractions, you are not alone. Whenever I go through walk-through haunted attractions, I try to move fast and not make eye contact. However, for journalistic purposes, my eyes were fixed on the entertainment. I must warn anyone who is claustrophobic, do not go into the Den of Darkness. One hallway that I meandered through consisted of



Hayride; therefore, I saved experiencing that attraction for last. This year, I was impressed with the hayride the most. My favorite addition to the hayride is a replacement of "Friday the 13th" with "The Nightmare on Elm Street." "The Nightmare on Elm Street" is my favorite horror movie. Therefore, as the tractor pulled to a stop and a scene from the 2010 version of "The Nightmare on Elm Street" played, I couldn't help but be excited for what for happened next. At the conclusion of the clip, I turned around to see Freddy Kreugar standing over a frightened girl holding onto her laughing boyfriend. The greatest way to get scared and enjoy it is to be scared by Freddy Kruegar. When I got off the hayride, I couldn't stop talking about how awesome it was to see that wonderful addition to the hayride. Every October, everyone is looking to release a good scream. Field of Screams has proven and kept their title as America's number one haunted attraction. If you are interested in partaking in their adventure of horror, discounts for Scream Passes are featured at Turkey Hill. If you are interested in being part of the action, Field of Screams is always looking for volunteers. For more information on Field of Screams, ticket information, and volunteer information visit www.fieldofscreams.com.

This pig creature is just one of the scary sights available at field of screams. Courtesy of Field of Screams

two cages, one on each side, getting closer and closer to me as I walked. Not to mention, the Den of Darkness features a fireplace that you must crawl through, in complete darkness, over dead bodies that vibrate under your legs. The fireplace is the worst nightmare for someone who is claustrophobic. Other than claustrophobic hallways and fireplaces, I was very much entertained by the one attraction in the one barn room. As I entered the Victorian era setting, I was greeted by the host who was embellished with a bird-beak mask gliding above his guests. Continuing my journey in the barn, I caught the sound of chainsaws coming from a white blood-soaked room.

A girl in front of me refused to move, and almost in tears gave a loud scream and ran quickly into the room to get out. I grabbed onto an arm of a trustworthy friend and continued into the room. The room was based on a butcher room and it was small: not good if you hear the sound of deadly chainsaws and are claustrophobic. Out from the corner of my eye, a character covered in blood revealed himself from behind a hanging pig to chase after his victims.

Unlike the Den of Darkness, I wasn't too thrilled about the Frightmare Asylum. Before I entered the asylum I was a little worried because I have a fear of scary, insane people that aren't on their medication. In fact, all the "patients" at the asylum were saying was "I need my medication," and "I'm not on my medication!" I wanted to get out of the asylum because of how bored I was listening to the same warning statement. However, my boredom retreated when I arrived at a room that looked familiar: the horror movie "Silent Hill." My one friend who came with me to Field of Screams was so afraid of the room that he ran from it and exited the asylum all together. The actor with the chainsaw that normally would run after screaming visitors didn't bother running after him

My favorite attraction at Field of Screams is the Haunted

Courtesy of MCTCampus

by Brendan Krick, Managing Editor

"You mean that show that's just a copy of 'The Office' only with a lady instead of a man?" Yeah, that show. Hear me out.

The first season of "Parks and Recreation" was produced under fairly unique circumstances. Greg Daniels was approached by NBC in 2007 to create a spin-off of "The Office," which he had adapted for American television. He and fellow "Office" writer Michael Schur began to explore the idea of a show about small town local politics shot in the mockumentary style they had helped to popularize on network television. This show eventually became "Parks and Recreation" after the idea of tying it to the Dunder Mifflin universe was scrapped.

When NBC cancelled "Kath & Kim" in 2009, "Parks & Recreation" filled its vacant time slot with a hastily-produced, six-episode mini-season. Reviews were generally lukewarm or unfavorable. Despite sharing much of the same creative team, "Parks" was accused of stealing "The Office's" format, and Lesie Knope (played by Amy Poehler) was labeled an inferior Michael Scott clone. The fact that both shows take place in office settings made things worse. Comedies often take a handful of episodes to establish a unique voice and develop humorous characters, and so I initially agreed with the popular consensus. It was not until "Parks and Recreation" was in its fourth season that I felt motivated enough to slog through the first 132 mixed-bag minutes of what has become one of my favorite shows.

The writers made a number of changes between seasons one and two in response to criticism. Leslie Knope was retooled slightly to be more earnest than ditzy, and this has turned her into one of the most lovable and sympathetic characters on television. Her encyclopedic knowledge of the fictional town of Pawnee, unbreakable enthusiasm for the power of democracy, and inhuman work ethic make her a hilarious foil to the grim realities of the American political system. These traits also frequently put her in affable conflict with her boss, Ron Swanson.

"Ron F***ing Swanson" (Nick Offerman) is without a doubt the breakout sitcom character of the decade, and that's including Barney Stinson. Though initially a reserved and mysterious man, Ron's past is steadily unwound to create a hyper-masculine myth so

absurd it seems strangely plausible. His libertarianism borders on anarchy. He enjoys whisky, woodworking, and red meat. He has two ex-wives named Tammy, which is also his mother's name. The Swanson Pyramid of Greatness somehow manages to surpass The Bro Code as the best fictional code of honor from a network sitcom to model your life after (a strangely competitive distinction), including such essential guidelines as a list of acceptable haircuts (there are three), and instructions on where it is appropriate to cry (funerals and The Grand Canyon).

Both of these entertainingly original and memorable characters are supported by consistently great writing. The American sitcom is an art form that is constantly imitating itself, but "Parks and Recreation" finds new angles from which to approach familiar scenarios. Somehow the writers have managed to pull off old sitcom clichés like a character handcuffing himself to an immovable object, a time capsule story, and two characters coaching opposing basketball teams with inventiveness and grace. Will-they/w on't-they romances are executed in such a way that I find myself caring about the outcome of them with a surprising amount



Amy Poehler at the Golden Globes with husband, Will Arnett.

of energy. What is most impressive about these feats is that they are not accomplished using a detached, postmodern sensibility, but through a sincere embrace of the emotions and stakes at hand. I love shows like "Community," but it's refreshing to see a show that does not hide its characters' feelings behind several layers of irony and subversion of format conventions.

I whole-heartedly recommend that anyone who has never seen the show or who dismissed it during the first season give it a fair shot. It is one of the funniest and best-written shows on the air, and really deserves to have as much success as the show it originally spawned from. Television is a big picture art form, and judging a show too harshly for not reaching its full potential immediately is unrealistic. The first six episodes of "The Simpsons," "Seinfeld," and the American version of "The Office," are all actually pretty bad. So, you know, come on.

"Parks and Recreation" can be seen on NBC at 8:30 on Thursday nights. Episodes are available on Hulu the day after airing.

"Red State" is an entertaining, if disappointing, effort *Kevin Smith's ambitious vision is hindered by his rudimentary abilities*

by Brendan Krick, Managing Editor

"Red State" is a surprisingly competent directing effort for Kevin Smith, but unfortunately the fact that it exceeded my expectations does not mean that it was as good as I wanted it to be. Smith tells the story of a small Westboro Baptist-inspired church that, through a series of violent events, ends up in a Waco style stand-off with the ATF. The script is a lot of fun, drawing together elements of classic Kevin Smith fare with Quentin Tarantino horror and "Breaking Bad" style suspense. The film goes as far as to borrow two of "Breaking Bad's" cast members. (Badger as a southern cop in a cowboy hat is delightfully ridiculous.) This is not to say that "Red State" is unoriginal, but wearing one's influences on one's sleeve is the sign of a young artist, and unfortunately Kevin Smith seems to have never progressed past the precocious talent he showed in "Clerks" when his youth excused his unrefined technical skill. Kevin Smith has never been a great director. He is a good storyteller with a sharp wit, but something happens when he translates his own vision to the screen that is disappointing, and I think it has something to do with maturity. Smith is known for his intentionally juvenile humor, which I usually find funny.



fortunately absent here. The Five Point church is ruined as a stand-in for the WBC when John Goodman's character mentions "Fred Phelps and his family up in Kansas." Maybe this line was added to avoid litigation from the notoriously litigious group, but I thought it was wimpy, and if anybody is familiar with the finer points of the First Amendment it would be the Phelps family.

Moreover, the initial protagonists are removed from the narrative about halfway through the film, so we are left to observe the conflict between two forces which are portrayed equally unfavorably. It's hard to pick who to side with when you're deciding between the "God Hates Fags" people and the triggerhappy feds who openly plan to shoot children. "Red State" is a solidly entertaining movie, and it's refreshing to see something this dark and weird come out of Hollywood, even if it never got a real theatrical release. It's cleverly written and full of surprises. The acting is excellent, and I would have loved to see Michael Parks and John Goodman interact more. Despite its problems, it's definitely worth seeing if you're a Kevin Smith fan, or if you're in the mood for something a little different and want to pretend that John Goodman's character is just Walter from "The Big Lebowski" twenty years later.

Photo by Luigi Novi

Writer-director Kevin Smith promotes the film at a Manhattan comic book store.

That's not the kind of maturity I'm talking about. What I'm referring to is the maturity of craft one develops when one has had a career like Smith's, and Smith simply has not grown in that respect since he was shooting movies with his high school buddies in New Jersey.

Smith has grown as a writer, certainly, but he still has the rough instincts of an amateur when it comes to assembling an entire visual package. There are several moments in the film that distracted me from the almost frustrating amount of potential in the script. One was a scene

when the town sheriff describes a car accident, which we saw in the previous scene. As he describes the event, we are shown almost the same footage, only desaturated now so we know it's a flashback. Thanks for the reminder, I guess? Later in that same scene, the sheriff sits down and pours himself a drink. The camera jump cuts through the sequence of events, presumably to communicate the man's emotional distress. This is the kind of editing that takes a lot of finesse and instinctive rhythm to pull off (similar sequences in FX's Louie have played out beautifully), but

Smith just isn't a good enough editor to make it work. He has roughly the same grasp of visual subtlety as a high school student with a camcorder.

My other main gripe with the film is that it is not really sure what it wants to say. I ordinarily enjoy Kevin Smith's perspective on religion because he's one of the few goofy stoner guys in the entertainment world who actually has faith. His total lack of self-seriousness gives him a unique ability to discuss lofty issues in an entertaining, accessible, and thought-provoking way. That Kevin Smith is un-

Live Wire

All comics and puzzles courtesy of MCTCampus.

Page 8

- 43 "Scenes from ___"; movie for Bette Midler

"Good Morning America" network

Family; Vički Lawrence

9 Stomach muscles, for short

Biblical book named for a prophet: abbr.

16 "That's So __" 16 "That's So __" 17 "My Big __ Greek Wedding" 18 Sudden sharp increase 20 Actress Maureen _____ 20 Pale & @Digital Minda"

29 "____ Always Sunny In Philadelphia" 32 U. S. Naval Academy freshman 35 Long-time "60 Minutes"

Solution to Last Week's Puzzle

22 Role on "Criminal Minds"

22 Role on Criminal Mir 26 Singer Mel _____ 27 "___. Doubtfire" 28 German article 29 "___Always Sunny in

correspondent 39 Untrue 40 House of snow 42 Actor __ Vigoda

P I

ACROSS

sitcom

13 Airport in Chicago 14 "Grounded __ Life"

15 Skater Babilonia

12

14

17

50

53

41

11/6/11

21

20

33

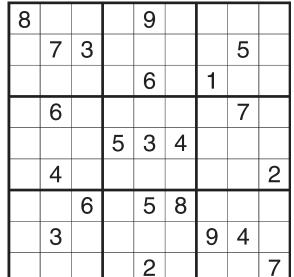
40

- 47 Mongrel 48 Prefix for night or section 49 "Deal or No Deal" host 50 "Love ___ Many Splendored Thing"
- 51 Sense of self-esteem 52 Run-down; dilapidated
- 53 ____ Taco; fast-food chain
- DOWN
- Social insects
 Bridges and others
- 3 Bird's sound Actress Rita
- 5 Cry of discovery 6 Dallas hoopster, for short 7 "Car 54, Where <u>You</u>?"
- 8 Spanish man's title 9 "Family __"; Brian Keith series 10 Two-by-fours, for example
- 10 Iwo-by-lours, for example 11 Miss, south of the border: abbr. 19 "__ Smart" 21 Skirt's edge 23 Thin pancake 24 Actress Procter

- 25 Auberjonois and Russo 29 "___ Girl Now"; old series for
- Danny Thomas & Diana Canova 30 Large city in Ohio 31 Yrbk. section
- 33 Singer Pearl 34 ABCD followers

E

- 36 Actress Remini's namesakes 37 Classic Charlton Heston movie
- 38 Waken 39 Film for Kelsey Grammer and Bebe Neuwirth about students at
- performing arts schoo Televangelist Roberts
- 44 One of the Three Stooges 45 Reverent wonder
- 46 Tupperware cover



THE TV CROSSWORD by Jacqueline E. Mathews 13 16 18 19 22 23 24 25 28 32 35 36 43 44 45 46 48 49 52

Created by Jacqueline E. Mathews



THE SAMURAL OF PUZZLES By The Mepham Group

Answers for October

8	1	2	4	6	9	3	7	5
3	6	9	8	7	5	2	1	4
5	4	7	1	2	3	9	6	8
4	8	3	9	1	6	7	5	2
6	9	1	7	5	2	8	4	3
7	2	5	3	4	8	1	9	6
9	5	6	2	8	7	4	3	1
2	7	4	6	3	1	5	8	9
1	3	8	5	9	4	6	2	7

(717) 509-9921 lla Pag 1657 Old Philadelphia Pike **Closed Mondays** Italian Garden & Pizzeria Best Classic Italian Food Around. "Often Imitated - Never Duplicated" AN CI **All Lunch Specials** Include Fountain Drink

Pepsi

8	1	2	4	6	9	3	7	5
3	6	9	8	7	5	2	1	4
5	4	7	1	2	3	9	6	8
4	8	3	9	1	6	7	5	2
6	9	1	7	5	2	8	4	3
7	2	5	3	4	8	1	9	6
9	5	6	2	8	7	4	3	1
2	7	4	6	3	1	5	8	9
1	3	8	5	9	4	6	2	7

2011 Harry Bliss. Distributed by Tribune Media Services, Ind

"... And then thee and I shall call all the brethren to this meadow, and we shall have a mall-raising.'





1/2 Sub & Fries Personal Steak or Italian Stromboli Small Tossed Salad & a Slice 1/4 Lb. Cheeseburger & Fries 2 Slices of One **Topping Pizza** 1/2 Sub & Slice

Take Two Choice of 2

Cup of Soup

1/2 Salad

Free

Wi

1/2 Sub

For full menu and additional specials visit: www.pasqualespa.com